

Black LGBTQ+ Signposting

There are times when we all need further support, and that isn't a weakness.

We've listed some organisations specifically focused on Black LGBTQ+ people below that you might want to reach out to. Remember whatever you're facing, you're not alone. It Gets Better.

Black Beetle Health

Black Beetle Health addresses health inequalities for all LGBTQ+ People of Colour in the UK. They have an extensive online resource hub.

Website: www.blackbeetlehealth.co.uk/resources

African Rainbow Family

African Rainbow Family (ARF) campaigns for and supports LGBTIQ+ refugees and people seeking asylum of African heritage and the Global Majority in the UK.

Website: africanrainbowfamily.org

Phone: +447711285567

Email: info@africanrainbowfamily.org

Black Minds Matter

Black Minds Matter provides free, one to one, culturally appropriate talking therapy for Black people in the UK. This is not an LGBTQ+ specific service.

Website: www.blackmindsmatteruk.com